

VILLAGE OF ORLAND PARK RECREATION AND PARKS DEPARTMENT
BROCHURE PROGRAM LIST

1/19/2026
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SUPERVISOR NAME:		Deborah Graham Geghen				SEASON:	Winter 2011			
PROGRAM NAME (Alpha Order)	NEW (X)	AGE GROUP	OVER NIGHT TRAVEL?	SEASONS OFFERED	LAST OFFERED & COMPLETED SEASON'S ENROLLMENT #		LAST SEASON'S REVENUE		EST. CONTRACTUAL COSTS (\$ 5,000 + for the SEASON)	
			Y/N	F/fall, W/winter, Sp/spring, Su/summer	RES	NR	RES	NR		
Duathlon		14 and up	n	W	32	59	\$715	\$1,735		
Duathlon Training Camp		14 and up	n	W	6	4	\$290	\$300		
Employee Lunchtime Yoga		any	n	F, W, Sp	8	0	\$160	\$0		
Fitness and More		age 4-7	n	F,W, Sp	7	0	\$560	\$0		
Kickin It Boot Camp - Discontinued										
Kids Fitness Club - Discontinued										
Mommy Tummy - Discontinued										
Morning Workout Mix		14 and up	n	F, W,Sp, Su	17	1	\$760	\$120		
Personal Training		14 and up	n	F, W,Sp, Su	38	8	\$12,134	\$2,905		
Personal Training-youth		age 7-13	n	F, W,Sp, Su	Included above					
Personal Training-Pilates		14 and up	n	F,W,Sp, Su	11	4	\$4,036	\$340		
Pilates Mat		14 and up	n	F,W,Sp, Su	29	2	\$4,655	\$734		
Pilates Props	x	14 and up	n	F,W, Sp, Su						
Pilates Reformer		14 and up	n	F,W,Sp, Su	11	88	\$1,350	\$7,309		
Pilates Equipment Circuit		14 and up	n	F,W,Sp, Su	Included above					
CPR/AED and First Aid		14 and up	n	F,W,Sp, Su	84	6	\$558.00	\$0.00		
Tai Chi Chuan		14 and up	n	F,W,Sp, Su	7	1	\$630	\$135		
Weight Loss Challenge Contest		12 and up	n	W	Included above					
Weight Loss Bootcamp		16 and up	n	F, W, Sp	25	2	\$2,390	\$240		
Weight Loss Bootcamp- Teen		age 12-16	n	F, W, Sp	10	1	\$1,000	\$150		
Yoga- Fitness		14 and up	n	F, W, Sp,Su	39	7	\$2,348	\$615		
Yoga-Gentle		55 and up	n	F, W, Sp,Su	18	2	\$1,096	\$150		
Yoga- Parent/Child		5 and up	n	F, W,Sp	5	2	\$235	\$150		
Fitness Assesments		14 and up	n	F, W, Sp, Su	Varies		Included in Membership			
Fitness Orientations		14 and up	n	F,W, Sp, Su	Varies		Included in Membership			
Group Exercise Classes		14 and up	n	F,W, Sp, Su	Varies		Included in Membership			

<u>PROGRAM NAME</u>	<u>NEW (X)</u>	<u>AGE GROUP</u>	<u>NO. OF SEASON'S OFFERED</u>	<u>LAST SEASON'S ENROLLMENT NO.</u>		<u>LAST ENROLLI RES.</u>
				<u>RES.</u>	<u>NON-RES.</u>	

Example 1		Preschool	2 Spring/Summer	n/a	n/a	15
Example 2		Youth	3 Fall / Winter / Spring	5	5	8
Example 3	X	Adults	4	10	5	n/a

EST.
CONTRACTUAL
YEAR'S COSTS (OVER \$5,000
MENT NO. for the SEASON)
NON-RES.

6

5

n/a