

VILLAGE OF ORLAND PARK RECREATION AND PARKS DEPARTMENT
BROCHURE PROGRAM LIST

1/19/2026
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SUPERVISOR NAME:		Deborah Graham			SEASON:	Winter 2009			
<u>PROGRAM NAME</u> (Alpha Order)	<u>NEW(X)</u>	<u>AGE GROUP</u>	<u>OVER NIGHT TRAVEL?</u>	<u>NO. OF SEASON'S OFFERED</u>	<u>LAST OFFERED & COMPLETED SEASON'S ENROLLMENT #</u>	<u>LAST SEASON'S REVENUE</u>		EST. CONTRACTUAL COSTS (\$5,000+ for the SEASON)	
			Y/N	F/fall, W/winter, Sp/spring, Su/summer	RES NR	RES NR			
Birthday Parties (Soccer/Rock/Gym)		Youth		F, W, SP, S	34	20		\$3,810.00	
Boxing for Kids	x								
Boxing for Adults	x								
Boxing for Teens	x								
Duathlon		18 and up		W	22	14	\$505.00	\$410.00	
Duathlon for Pre teens/ Teens	x	10 to 17							
Duathlon Training Camp		18 and up		W	6	1	\$240.00	\$60.00	
Fitness and More		4 to 7		F,W, SP	9	1	\$720.00	\$80.00	
Fitness Assesments		14 and up		F, W, SP, S	50		Free with membership		
Fitness Orientations		14 and up		F, W, SP, S	50		Free with membership		
Group Exercise Classes		14 and up		F, W,SP, S	Varies for each		\$0.00	\$0.00	
Boot Camp	x	14 and up		F, W, SP, S					
Kickin it Boxing Techniques	x	14 and up		F, W, SP, S					
Kid Rock		Youth		F, W, SP, S	4	3	\$113.00	\$132.00	
Kids Fitness Club		7 to 14		F, W, SP, S	5	0	\$450.00	\$0.00	
Mommy/ Tummy Class		all ages		F, W, SP,S	19	4	\$1,016.00	\$324.00	
Morning Workout Mix		18 and up		F, W, SP, S	29	3	\$1,503.00	\$293.00	
Personal Training		15 and up		F, W, SP, S	73	6	\$17,300.00	\$1,815.00	
Personal Training- Youth		7 to 14		F, W, SP, S	Included above				
Personal Training- Pilates		All ages		F, W, SP, S	27	5	\$6,845.00	\$1,050.00	
Pilates Mat		14 and up		F, W, SP, S	28	8	\$1,320.00	\$540.00	
Pilates Reformer - Beg- Adv		14 and up		F, W, SP, S	116	13	\$8,814.00	\$1,097.00	
Pilates Reformer- Seniors	x	Seniors		F, W, SP, S					

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				<u>RES.</u>	<u>NON-RES.</u>	

Example 1		Preschool	2 Spring/Summer	n/a	n/a	15
Example 2		Youth	3 Fall / Winter / Spring	5	5	8
Example 3	X	Adults	4	10	5	n/a

EST.
CONTRACTUAL
YEAR'S COSTS (OVER \$5,000
MENT NO. for the SEASON)
NON-RES.

6

5

n/a