

## Recreation & Parks 2025 Fall Program Lists – Summary of Changes

The Recreation and Parks Department produces a seasonal brochure on three occasions each year. The guide contains all recreational, athletic and fitness program opportunities offered during each season.

Below is a summary of changes proposed for the Fall 2025 brochure as compared to 2024 including discontinued and new programs.

### **DISCONTINUED PROGRAMS: Discontinued due to low/no enrollment**

#### **Heritage Sites**

Orland Memorial Park Cemetery Tour  
Supernatural Archer Ave. Tour  
The Assassination of JFK  
Yuletide Victorian Tea

#### **Fitness/Wellness (Sportsplex)**

Sunset Yoga  
Restorative Yoga  
Aerial Yoga/Teen Yoga

#### **Athletics**

Lil Kickers Soccer  
Little Hitters T-Ball  
All Sports Preschool Games  
Tiny-tot Basketball

#### **Dance**

Modern Dance  
Mini Dance Company  
Company Technique Classes  
Jr. & Sr. Dance Company

#### **Ice Rink**

Ice Curling

### **NEW SUMMER PROGRAMS**

#### **Heritages Sites**

Miracles & Malevolence  
Serene Horizons: A Relaxing Landscape Painting Workshop  
Speaker Spotlight: Singing Bird and the Importance of Native American Women in History  
Watercolor Techniques

#### **Fitness Wellness (Sportsplex)**

e Revitalized  
Glutes +Abs x 30  
Intervals & Core  
Kickboxing

Mobility & Recovery  
Pelvic Floor/Low Ab Toning & Recovery  
Proprioceptive Neuromuscular Facilitation Stretch  
Stroller Striders  
Strength & Conditioning  
Strong Beyond the Gym  
Qigong Class  
Vinyasa Yoga Flow  
Yin Yoga  
Women's World  
Tai Chi  
Weight Circuits

### **Athletics**

Kids Pickleball League  
Pickleball Ladder League  
Adult Kickball League  
Men's Adult Soccer League  
Nerf Games  
Multi-Sport Tots  
Skyhawks Basketball

### **Special Recreation**

Bengston's Pumpkin Farm  
Oak Lawn Theater Night: Producers  
Junior Social Clubs (2)

### **Recreation**

Babysitting 101 Class  
Good Night, Sleep Tight  
Little Veterinary School  
Mini-Medics  
Mom & Tot Book Club  
Nature Explorers  
Pre-K Dog Veterinary  
DJ & Music Production

### **Theater**

Auditions for Winter Theater Production

### **Ice Rink**

Glow On Ice  
Rink in the New Year