

VILLAGE OF ORLAND PARK RECREATION AND PARKS DEPARTMENT  
BROCHURE PROGRAM LIST

1/19/2026  
Page 1

<b>SUPERVISOR NAME:</b>		Deborah Graham Geghen			<b>SEASON:</b>		Fall 2010		
<u>PROGRAM NAME</u> (Alpha Order)	<u>NEW</u> (X)	<u>AGE</u> <u>GROUP</u>	<u>OVER</u> <u>NIGHT</u> <u>TRAVEL?</u>	<u>NO. OF</u> <u>SEASON'S</u> <u>OFFERED</u>	<u>LAST OFFERED &amp;</u> <u>COMPLETED</u> <u>SEASON'S</u>		<u>LAST SEASON'S</u> <u>REVENUE</u>		EST. CONTRACTUAL COSTS ( \$5,000 + for the SEASON)
					<u>ENROLLMENT #</u>		<u>RES</u>	<u>NR</u>	
			Y/N	F/fall, W/winter, Sp/spring, Su/summer	<b>RES</b>	<b>NR</b>	<b>RES</b>	<b>NR</b>	
Fitness and More		4 to 7	n	F, W, Sp, Su	10	0	\$800	0	
Fitness Assesments		14 and up	n	F, W, Sp, Su	80		Free w/ membership		
Fitness Orientations		14 and up	n	F, W, Sp, Su	80		Free w/ membership		
Group Exercise Classes		14 and up	n	F, W, Sp, Su	Varies for each		Free w/ membership		
Kids Fitness Club		7 to 14	n	F, W, Sp, Su	0	0	\$0	\$0	
Kids Turkey Trot		3 to 8	n	F	65	9	\$528	\$135	
Mommy/ Tummy Class		14 and up	n	F, W,Sp, Su	9	2	\$918	\$280	
Morning Workout Mix		14 and up	n	F, W,Sp, Su	16	2	\$1,085	\$196	
Personal Training		15 and up	n	F, W,Sp, Su	110	19	\$23,795	\$5,219	
Personal Training- youth		7 to 14	n	F, W,Sp, Su	Included above				
Personal Training- Pilates		All ages	n	F, W,Sp, Su	9	1	\$3,180	\$640	
Pilates Mat		14 and up	n	F, W,Sp, Su	10	0	\$571	\$0	
Pilates Reformer- all levels		14 and up	n	F, W,Sp, Su	90	10	\$7,245.00	\$1,214	
Senior Week		Seniors	n	F	110	35	\$0.00	\$0.00	
Senior Clubs		Seniors	n	F, W,Sp, Su	14	0	\$240	0	
Tai Chi Chuan		18 and up	n	F, W,Sp, Su	1	1	\$100	\$150	
Weight Loss Bootcamp	x	18 and up	n						
Weight Loss Bootcamp-teens	x	Teens 12-16	n						
Yoga- Fitness		14 and up	n	F, W,Sp, Su	24	4	\$1,295	\$299	
Yoga- Gentle		Seniors	n	F,W, Sp	8	0	\$375	\$0	
Yoga- Parent/ Child		all ages	n	F,W, Sp	5	2	\$235	\$150	

<u>PROGRAM NAME</u>	<u>NEW (X)</u>	<u>AGE GROUP</u>	<u>NO. OF SEASON'S OFFERED</u>	<u>LAST SEASON'S ENROLLMENT NO.</u>		<u>LAST ENROLLI RES.</u>
				<b>RES.</b>	<b>NON-RES.</b>	

Example 1		Preschool	2 Spring/Summer	n/a	n/a	15
-----------	--	-----------	--------------------	-----	-----	----

Example 2		Youth	3 Fall / Winter / Spring	5	5	8
-----------	--	-------	-----------------------------	---	---	---

Example 3	X	Adults	4	10	5	n/a
-----------	---	--------	---	----	---	-----

---

<u>YEAR'S</u> <u>MENT NO.</u>	EST. CONTRACTUAL COSTS (OVER \$5,000 for the SEASON)
<b>NON-RES.</b>	

---

6

5

n/a