

VILLAGE OF ORLAND PARK RECREATION AND PARKS DEPARTMENT  
BROCHURE PROGRAM LIST

1/19/2026  
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SUPERVISOR NAME: Deborah Geghen						SEASON:	Winter 2010		
<u>PROGRAM NAME</u> (Alpha Order)	<u>NEW</u> (X)	<u>AGE</u> <u>GROUP</u>	<u>OVER</u> <u>NIGHT</u> <u>TRAVEL?</u>	<u>NO. OF</u> <u>SEASON'S</u> <u>OFFERED</u>	<u>LAST OFFERED &amp;</u> <u>COMPLETED</u> <u>SEASON'S</u> <u>ENROLLMENT #</u>		<u>LAST SEASON'S</u> <u>REVENUE</u>		EST. CONTRACTUAL COSTS (\$5,000+ for the SEASON)
			Y/N	F/fall, W/winter, Sp/spring, Su/summer	RES	NR	RES	NR	
Duathlon		14 and up	n	W	26	25	\$655	\$760	
Duathlon Training Camp		14 and up	n	W	9	5	\$425	\$330	
Fitness and More		age 4-7	n	F,W, Sp	6	1	\$480	\$120	
Kids Fitness Club		age7-13	n	F, W, Sp, Su	16	1	\$1,560	\$108	
Kickin it Bootcamp		14 and up	n	F,W, Sp, Su	6	0	\$620	\$0	
Mommy/ Tummy Class		14 and up	n	F, W, Sp, Su	9	0	\$915	\$0	
Morning Workout Mix		14 and up	n	F, W, Sp, Su	18	2	\$1,209	\$206	
Parents night out		ages 4-12	n	F, W, Sp, Su	12	4	\$120	\$53	
Personal Training		14 and up	n	F,W, Sp, Su	129	18	\$28,841	\$7,745	
Personal Training- youth		age 7-13	n	F, W, Sp, Su	included above				
Personal Training- Pilates		14 and up	n	F, W, Sp, Su	17	3	\$4,655	\$734	
Pilates Mat		14 and up	n	F, W, Sp, Su	29	2	\$1,435	\$120	
Pilates Reformer		14 and up	n	F, W, Sp, Su	112	8	\$8,955	\$900	
Pilates Equipment Circuit	x								
Red Cross CPR and FA		14 and up	n	F, W, Sp, Su	8	5	\$430	\$283	
Tai Chi Chuan		14 and up	n	F, W, Sp, Su	4	0	\$396	\$0	
Weight Loss Challenge Contest		12 and up	n	W	Included with Personal Training Numbers				
Weight Loss Boot camp-adults	x								
Weight Loss Bootcamp- teens	x								
Yoga- Fitness		14 and up	n	F, W, Sp, Su	47	10	\$2,324	\$765	
Yoga- Gentle		14 and up	n	F,W, Sp	6	0	\$293	\$0	
Yoga- Parent/ Child		ages 5-13	n	F, W, Sp	5	0	\$242	\$0	
Yoga- Hot	x								
Yoga- Vinyasa	x								

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<u>PROGRAM NAME</u> (Alpha Order)	<u>NEW</u> (X)	<u>AGE</u> <u>GROUP</u>	<u>OVER</u> <u>NIGHT</u> <u>TRAVEL?</u>	<u>NO. OF</u> <u>SEASON'S</u> <u>OFFERED</u>	<u>LAST OFFERED &amp;</u> <u>COMPLETED</u> <u>SEASON'S</u> <u>ENROLLMENT #</u>		<u>LAST SEASON'S</u> <u>REVENUE</u>		EST. CONTRACTUAL COSTS (\$5,000+ for the SEASON)
			Y/N	F/fall, W/winter, Sp/spring, Su/summer	<b>RES</b>	<b>NR</b>	<b>RES</b>	<b>NR</b>	
Fitness Assesments		14 and up	n	F, W, Sp, Su	Varies		Included in membership		
Fitness Orientations		14 and up	n	F, W, Sp, Su	Varies		Included in membership		
Group Exercise Classes		14 and up	n	F, W, Sp, Su	Varies per class		Included in membership		

<u>PROGRAM NAME</u>	<u>NEW (X)</u>	<u>AGE GROUP</u>	<u>NO. OF SEASON'S OFFERED</u>	<u>LAST SEASON'S ENROLLMENT NO.</u>		<u>LAST ENROLLI</u>
				<b>RES.</b>	<b>NON-RES.</b>	<b>RES.</b>

Example 1		Preschool	2 Spring/Summer	n/a	n/a	15
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Example 2		Youth	3 Fall / Winter / Spring	5	5	8
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Example 3	X	Adults	4	10	5	n/a
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	EST.
<u>YEAR'S</u>	CONTRACTUAL
<u>MENT NO.</u>	COSTS (OVER \$5,000
	for the SEASON)
<b>NON-RES.</b>	

6

5

n/a