

Program Justification

1/19/2026

Program Supervisor:	Deborah Geghen		Season: Spring/Summer 2013
Program Name:	Number of Seasons Offered	Number Enrolled	Justification to Continue Offering with Low Enrollment
Chair Yoga	4	0	Offer two previous seasons, but received low enrollment. Want to give this one more try.
Fitness & More	4	2	This class has previously gone well, but cancelled last two seasons. One of the few classes offered for this age group. Would like to give it one more try.
Fit Kids Incorporated	4	0	This class has previously gone well, but was cancelled last season. One of the few classes offered for this age group. Would like to give it another try.
Tai Chi	4	0	This class was offered and went well in the past. Instructor took some time off and is now bringing the class back.
Zumbatonic	3	0	This class had enough interest one season, we want to try again with the popularity of Zumba.
Program Name:	Number of Seasons Offered	Number Enrolled	Brief Explanation for Discontinuing Program
Program Name:	Number of Seasons Offered	Number Enrolled	Brief Description of New Program
Fly Yoga	NA	NA	Yoga is done with the assistance of hanging fabric or sheet. This new technique brings a playful aspect to yoga with also bringing some new challenges to class participants. Great for all ages. The fall was the first time this class has been offered.
Osteoporosis Bone Stren	NA	NA	For those who have been diagnosed or looking to prevent osteoporosis or osteopenia. Exercises are introduced to help strengthen bones and muscles. This fall was the first time this class has been offered.
TeamMakers	NA	NA	This class is designed to help children train for their favorite sport or team.