

VILLAGE OF ORLAND PARK RECREATION AND PARKS DEPARTMENT
BROCHURE PROGRAM LIST

1/19/2026

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SUPERVISOR NAME:		Deborah Graham			SEASON:	Spring / Summer 2008		
<u>PROGRAM NAME</u> (Alpha Order)	<u>NEW(X)</u>	<u>AGE GROUP</u>	<u>OVER NIGHT TRAVEL?</u>	<u>NO. OF SEASON'S OFFERED</u>	<u>LAST OFFERED & COMPLETED SEASON'S ENROLLMENT #</u>	<u>LAST SEASON'S REVENUE</u>		<u>EST. CONTRACTUAL COSTS (\$5,000+ for the SEASON)</u>
			Y/N	F/fall, W/winter, Sp/spring, Su/summer	RES NR	RES NR		
Birthday Parties (Soccer/Rock/Gym)		Youth		F, W, SP, S	34 20	\$4,880.00 \$3,810.00		
Boot Camp for Kids		7 to 14		F, W, SP, S	16 0	\$1,402.80 \$0.00		
Fitness Camp		7 to 13		S	40 2	\$1,800.00 \$136.00		
Fit Chicks		12 to 17		F, W, SP	4 0	\$300.00 \$0.00		
Fitness and More		4 to 7		F, W, SP	5 0	\$375.00 \$0.00		
Fitness Assesments		14 and up		F, W, SP, S	80	Free with membership		
Fitness Orientations		14 and up		F, W, SP, S	80	Free with membership		
Group Exercise Classes		14 and up		F, W, SP, S	Varies for each		\$0.00	\$0.00
Kid Rock		Youth		F, W, SP, S	21 2	\$609.00 \$88.00		
Kids Fitness Club		7 to 14		F, W, SP, S			\$396.00	\$198.00
Mommy/ Tummy Class		all ages		F, W, SP, S	35 10	\$1,800.00 \$687.00		
Morning Workout Mix		18 and up		F, W, SP, S	22 3	\$994.00 \$249.00		
Personal Training		15 and up		F, W, SP, S	84 3	\$21,245.00 \$415.00		
Personal Training- Youth		7 to 14		F, W, SP, S		Included above		
Personal Training- Pilates		All ages		F, W, SP, S	24 0	\$4,341.00		
Pilates Mat		14 and up		F, W, SP, S	13 4	\$755.00 \$255.00		
Pilates Reformer - Beg- Adv		14 and up		F, W, SP, S	82 5	\$5,910.00 \$436.00		
Pilates Reformer- Seniors	x	Seniors		F, W, SP, S				
Rock Climbing Camp		Youth		F, W, SP, S	4 5	\$80.00 \$130.00		
Running Club	x	Jr high						
Senior Weight Circuits		Seniors		F, W, Sp	3 0	\$105.00	\$0.00	
Strength and Conditioning Training		All ages		F, W, SP, S	5 0	\$1,100.00	\$0.00	
Tai Chi Chuan		18 and up		F, W, SP, S	5 0	\$450.00	\$0.00	

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			Y/N	F/fall, W/winter, Sp/spring, Su/summer	RES	NR	RES	NR
Teen Pi/ Yo Mix "Getting Centered"	x	Teens		F, W, SP				
Wedding Boot Camp		18 and up		F, W, Sp, S	12	2	\$1,465.00	\$240.00
Weight Loss Coaching		18 and up		F, W, SP, S	2	0	\$165.00	\$0.00
Yoga- Fitness		14 and up		F, W, SP, S	33	13	\$1,965.00	\$1,135.00
Yoga- Gentle		Seniors		F, SP, S	13	1	\$770.00	\$90.00
Yoga- Parent/ Child		all ages		F, W, SP	11	1	\$460.00	\$40.00
Yoga- Prenatal/ Postnatal	x	18 and up						
Yoga- Pilates		14 and up		F, W, SP, S	4	0	\$230.00	\$0.00
Yoga- Camp	x	6 to 11		S				

<u>PROGRAM NAME</u>	<u>NEW (X)</u>	<u>AGE GROUP</u>	<u>NO. OF SEASON'S OFFERED</u>	<u>LAST SEASON'S ENROLLMENT NO.</u>		<u>LAST ENROLLI RES.</u>
				<u>RES.</u>	<u>NON-RES.</u>	

Example 1		Preschool	2 Spring/Summer	n/a	n/a	15
Example 2		Youth	3 Fall / Winter / Spring	5	5	8
Example 3	X	Adults	4	10	5	n/a

EST.
CONTRACTUAL
YEAR'S COSTS (OVER \$5,000
MENT NO. for the SEASON)
NON-RES.

6

5

n/a