

VILLAGE OF ORLAND PARK RECREATION AND PARKS DEPARTMENT
BROCHURE PROGRAM LIST

1/19/2026
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SUPERVISOR NAME:		Deborah Graham			SEASON:		Spring / Summer 2008		
<u>PROGRAM NAME</u> (Alpha Order)	<u>NEW(X)</u>	<u>AGE GROUP</u>	<u>OVER NIGHT TRAVEL?</u>	<u>NO. OF SEASON'S OFFERED</u>	<u>LAST OFFERED & COMPLETED SEASON'S ENROLLMENT #</u>		<u>LAST SEASON'S REVENUE</u>		EST. CONTRACTUAL COSTS (\$5,000+ for the SEASON)
			Y/N	F/fall, W/winter, Sp/spring, Su/summer	RES	NR	RES	NR	
Birthday Parties (Soccer/Rock/Gym)		Youth		F, W, SP, S	34	20	\$4,880.00	\$3,810.00	
Boot Camp for Kids		7 to 14		F, W, SP, S	16	0	\$1,402.80	\$0.00	
Fitness Camp		7 to 13		S	40	2	\$1,800.00	\$136.00	
Fit Chicks		12 to 17		F, W, SP	4	0	\$300.00	\$0.00	
Fitness and More		4 to 7		F,W, SP	5	0	\$375.00	\$0.00	
Fitness Assesments		14 and up		F, W, SP, S	80		Free with membership		
Fitness Orientations		14 and up		F, W, SP, S	80		Free with membership		
Group Exercise Classes		14 and up		F, W, SP, S	Varies for each		\$0.00	\$0.00	
Kid Rock		Youth		F, W, SP, S	21	2	\$609.00	\$88.00	
Kids Fitness Club		7 to 14		F, W, SP, S			\$396.00	\$198.00	
Mommy/ Tummy Class		all ages		F, W, SP, S	35	10	\$1,800.00	\$687.00	
Morning Workout Mix		18 and up		F, W, SP, S	22	3	\$994.00	\$249.00	
Personal Training		15 and up		F, W, SP, S	84	3	\$21,245.00	\$415.00	
Personal Training- Youth		7 to 14		F, W, SP, S		Included above			
Personal Training- Pilates		All ages		F, W, SP, S	24	0	\$4,341.00		
Pilates Mat		14 and up		F, W, SP, S	13	4	\$755.00	\$255.00	
Pilates Reformer - Beg- Adv		14 and up		F, W, SP, S	82	5	\$5,910.00	\$436.00	
Pilates Reformer- Seniors	x	Seniors		F, W, SP, S					
Rock Climbing Camp		Youth		F, W, SP, S	4	5	\$80.00	\$130.00	
Running Club	x	Jr high							
Senior Weight Circuits		Seniors		F, W, Sp	3	0	\$105.00	\$0.00	
Strength and Conditioning Training		All ages		F, W, SP, S	5	0	\$1,100.00	\$0.00	
Tai Chi Chuan		18 and up		F, W, SP, S	5	0	\$450.00	\$0.00	

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			Y/N	F/fall, W/winter, Sp/spring, Su/summer	RES	NR	RES	NR	
Teen Pi/ Yo Mix "Getting Centered"	x	Teens		F, W, SP					
Wedding Boot Camp		18 and up		F, W, Sp, S	12	2	\$1,465.00	\$240.00	
Weight Loss Coaching		18 and up		F, W, SP, S	2	0	\$165.00	\$0.00	
Yoga- Fitness		14 and up		F, W, SP, S	33	13	\$1,965.00	\$1,135.00	
Yoga- Gentle		Seniors		F, SP, S	13	1	\$770.00	\$90.00	
Yoga- Parent/ Child		all ages		F, W, SP	11	1	\$460.00	\$40.00	
Yoga- Prenatal/ Postnatal	x	18 and up							
Yoga- Pilates		14 and up		F, W, SP, S	4	0	\$230.00	\$0.00	
Yoga- Camp	x	6 to 11		S					

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				RES.	NON-RES.	RES.

Example 1		Preschool	2 Spring/Summer	n/a	n/a	15
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Example 2		Youth	3 Fall / Winter / Spring	5	5	8
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Example 3	X	Adults	4	10	5	n/a
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	EST.
<u>YEAR'S</u>	CONTRACTUAL
<u>MENT NO.</u>	COSTS (OVER \$5,000
	for the SEASON)
NON-RES.	

6

5

n/a