

VILLAGE OF ORLAND PARK RECREATION AND PARKS DEPARTMENT  
BROCHURE PROGRAM LIST

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| <b>SUPERVISOR NAME:</b>               |               | Deborah Graham   |                           |   | <b>SEASON:</b>  | Fall 2008                    |            |  |  |
|---------------------------------------|---------------|------------------|---------------------------|---|---|------------------------------|------------|--|--|
| <u>PROGRAM NAME</u><br>(Alpha Order)  | <u>NEW(X)</u> | <u>AGE GROUP</u> | <u>OVER NIGHT TRAVEL?</u> | <u>NO. OF SEASON'S OFFERED</u>                  | <u>LAST OFFERED &amp; COMPLETED SEASON'S ENROLLMENT #</u> | <u>LAST SEASON'S REVENUE</u> |            | EST. CONTRACTUAL COSTS (\$5,000+ for the SEASON) |  |
|                                       |               |                  | Y/N                       | F/fall,<br>W/winter,<br>Sp/spring,<br>Su/summer | RES NR  | RES NR                       |            |  |  |
| Birthday Parties (Soccer/Rock/Gym)    |               | Youth            |                           | F, W, SP, S                                     | 34 20   | \$4,880.00                   | \$3,810.00 |  |  |
| Boxing for Kids                       | x             |                  |                           |   |   |                              |            |  |  |
| Boxing for Adults                     | x             |                  |                           |   |   |                              |            |  |  |
| Boxing for Teens                      | x             |                  |                           |   |   |                              |            |  |  |
| Fitness and More                      |               | 4 to 7           |                           | F,W, SP   | 5 0   | \$375.00                     | \$0.00     |  |  |
| Fitness Assesments                    |               | 14 and up        |                           | F, W, SP, S                                     | 80  | Free with membership         |            |  |  |
| Fitness Orientations                  |               | 14 and up        |                           | F, W, SP, S                                     | 80  | Free with membership         |            |  |  |
| Group Exercise Classes                |               | 14 and up        |                           | F, W,SP, S                                      | Varies for each   |                              | \$0.00     | \$0.00   |  |
| Holiday Incentive Program for members |               | 14 and up        |                           | F   |   | Free with membership         |            |  |  |
| Kid Rock                              |               | Youth            |                           | F, W, SP, S                                     | 6 1   | \$174.00                     | \$44.00    |  |  |
| Kids Fitness Club                     |               | 7 to 14          |                           | F, W, SP, S                                     | 14 2  | \$1,396.00                   | \$198.00   |  |  |
| Mommy/ Tummy Class                    |               | all ages         |                           | F, W, SP,S                                      | 35 10   | \$1,800.00                   | \$687.00   |  |  |
| Morning Workout Mix                   |               | 18 and up        |                           | F, W, SP, S                                     | 17 2  | \$939.00                     | \$166.00   |  |  |
| Personal Training                     |               | 15 and up        |                           | F, W, SP, S                                     | 124 24  | \$31,675.00                  | \$7,070.00 |  |  |
| Personal Training- Youth              |               | 7 to 14          |                           | F, W, SP, S                                     | Included above  |                              |            |  |  |
| Personal Training- Pilates            |               | All ages         |                           | F, W, SP, S                                     | 17 4  | \$3,978.00                   | \$575.00   |  |  |
| Pilates Mat                           |               | 14 and up        |                           | F, W, SP, S                                     | 8 3   | \$398.00                     | \$215.00   |  |  |
| Pilates Reformer - Beg- Adv           |               | 14 and up        |                           | F, W, SP, S                                     | 82 8  | \$6,570.00                   | \$1,005.00 |  |  |
| Pilates Reformer- Seniors             | x             | Seniors          |                           | F, W, SP, S                                     |   |                              |            |  |  |
| Running Club                          |               | Jr high          |                           | F, W, SP  |   |                              |            |  |  |
| Senior Week                           |               | Seniors          |                           | F   | 110 35  | \$0.00                       | \$0.00     |  |  |
| Strength and Conditioning             |               |                  |                           |   |   |                              |            |  |  |
| Training-all sports                   |               | All ages         |                           | F, W, SP, S                                     | 3 1   | \$450.00                     | \$200.00   |  |  |
| Tai Chi Chuan                         |               | 18 and up        |                           | F, W, SP, S                                     | 4 0   | \$360.00                     | \$0.00     |  |  |

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| <u>PROGRAM NAME</u> | <u>NEW<br/>(X)</u> | <u>AGE<br/>GROUP</u> | <u>NO. OF<br/>SEASON'S<br/>OFFERED</u> | <u>LAST SEASON'S<br/>ENROLLMENT NO.</u> |                 | <u>LAST<br/>ENROLLI<br/>RES.</u> |
|---------------------|--------------------|----------------------|--|---|-----------------|----------------------------------|
|                     |                    |                      |  | <u>RES.</u>                             | <u>NON-RES.</u> |                                  |

|           |   |           |                                |     |     |     |
|-----------|---|-----------|--------------------------------|-----|-----|-----|
| Example 1 |   | Preschool | 2<br>Spring/Summer             | n/a | n/a | 15  |
| Example 2 |   | Youth     | 3<br>Fall / Winter /<br>Spring | 5   | 5   | 8   |
| Example 3 | X | Adults    | 4                              | 10  | 5   | n/a |

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EST.  
CONTRACTUAL  
YEAR'S      COSTS (OVER \$5,000  
MENT NO.      for the SEASON)  
**NON-RES.**

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n/a