

VILLAGE OF ORLAND PARK RECREATION AND PARKS DEPARTMENT
BROCHURE PROGRAM LIST

1/19/2026

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| SUPERVISOR NAME: | | Deborah Graham | | | SEASON: | Fall 2009 | | | |
|---------------------------------------|---------------|------------------|---------------------------|---|---|------------------------------|----------------------|--|--|
| <u>PROGRAM NAME</u> (Alpha Order) | <u>NEW(X)</u> | <u>AGE GROUP</u> | <u>OVER NIGHT TRAVEL?</u> | <u>NO. OF SEASON'S OFFERED</u> | <u>LAST OFFERED & COMPLETED SEASON'S ENROLLMENT #</u> | <u>LAST SEASON'S REVENUE</u> | | EST. CONTRACTUAL COSTS (\$5,000+ for the SEASON) | |
| | | | Y/N | F/fall, W/winter, Sp/spring, Su/summer | RES | NR | RES | NR | |
| Fitness and More | | 4 to 7 | | F,W, SP | 6 | 1 | \$480.00 | \$120.00 | |
| Fitness Assesments | | 14 and up | | F, W, SP, S | 80 | | Free with membership | | |
| Fitness Orientations | | 14 and up | | F, W, SP, S | 80 | | Free with membership | | |
| Group Exercise Classes | | 14 and up | | F, W,SP, S | Varies for each | | \$0.00 | \$0.00 | |
| Holiday Incentive Program for members | 14 and up | | | F | | Free with membership | | | |
| Kids Fitness Club | | 7 to 14 | | F, W, SP, S | 15 | 0 | \$1,447.00 | \$0.00 | |
| Mommy/ Tummy Class | | all ages | | F, W, SP,S | 8 | 3 | \$446.00 | \$250.00 | |
| Morning Workout Mix | | 18 and up | | F, W, SP, S | 9 | 1 | \$300.00 | \$90.00 | |
| Parent's Night Out | | 12 and under | | F, W, SP, S | 12 | 0 | \$114.00 | \$0.00 | |
| Personal Training | | 15 and up | | F, W, SP, S | 36 | 13 | \$12,805.00 | \$4,785.00 | |
| Personal Training- Youth | | 7 to 14 | | F, W, SP, S | Included above | | | | |
| Personal Training- Pilates | | All ages | | F, W, SP, S | 36 | 1 | \$12,805.00 | \$320.00 | |
| Pilates Mat | | 14 and up | | F, W, SP, S | 14 | 3 | \$320.00 | \$95.00 | |
| Pilates Reformer - Beg- Adv | | 14 and up | | F, W, SP, S | 60 | 2 | \$5,570.00 | \$265.00 | |
| Pilates Reformer- Seniors | x | Seniors | | F, W, SP, S | | | | | |
| Senior Week | | Seniors | | F | 110 | 35 | \$0.00 | \$0.00 | |
| Senior Clubs | | Seniors | | | 22 | 0 | \$380.00 | \$0.00 | |
| Tai Chi Chuan | | 18 and up | | F, W, SP, S | 4 | 0 | \$360.00 | \$0.00 | |
| Kickin it Bootcamp | | 18 and up | | F, W, Sp, S | 7 | 0 | \$620.00 | \$0.00 | |
| Yoga- Fitness | | 14 and up | | F, W, SP, S | 23 | 7 | \$1,125.00 | \$405.00 | |
| Yoga- Gentle | | Seniors | | F, SP, S | 8 | 0 | \$600.00 | \$0.00 | |
| Yoga- Parent/ Child | | all ages | | F, W, SP | 8 | 0 | \$395.00 | \$0.00 | |
| Yoga- Advanced | x | 18 and up | | F, W, S | | | | | |

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|---------------------|--------------------|----------------------|--|---|----------|----------------------------------|
| | | | | RES. | NON-RES. | |

| | | | | | | |
|-----------|---|-----------|--------------------------------|-----|-----|-----|
| Example 1 | | Preschool | 2 Spring/Summer | n/a | n/a | 15 |
| Example 2 | | Youth | 3 Fall / Winter / Spring | 5 | 5 | 8 |
| Example 3 | X | Adults | 4 | 10 | 5 | n/a |

EST.
CONTRACTUAL
YEAR'S COSTS (OVER \$5,000
MENT NO. for the SEASON)
NON-RES.

6

5

n/a