



Jacquelyn Augustine PsyD  
— & Associates —

RESILIENCY AND WELLNESS

## **Quote for Wellness Check Services**

February 9, 2026

Client: Orland Park Police Department

### **1. DESCRIPTION OF SERVICES.**

This provider will conduct wellness check-in consultations in support of the Law Enforcement Mental Health Wellness Act (2018). This wellness check-in consultation is a preventative intervention performed

- by a licensed mental health professional
- is confidential (within the parameters of mandatory reporting and duty to warn responsibilities)
- will provide law enforcement officers with resources in the community as needed.
- will be conducted once a year for a duration of about 60 minutes

What wellness checks are **not** :

- It is not privy to internal investigations where the conversations and activities of the licensed mental health clinician cannot be used against the law enforcement officers in investigations, return to work, or fitness for duty referrals.
- It is not a fitness for duty evaluation.
- It is not for any other evaluation for promotions or placement on specialty team services.
- This consultation is not a therapeutic relationship where progress is documented as part of the documentation of services nor is it a doctor-patient relationship.
- Does not include clinical notes or a clinical chart.

Officers will be informed of the limits of confidentiality related to mental health code parameters.

The purpose of the wellness check-in consultation is to

- Provide education, feedback, and resources related to officer wellness or identified needs.
- Topics of discussion will include stress, critical incident and vicarious trauma exposure, work related complaints or challenges, personal difficulties, personal concerns, retirement and career related issues.

A formal statement will be generated that the officer participated in a wellness consultation on the specific date and time. A general nonclinical note will be kept documenting the officer's participation in the wellness consultation.

### **2. Fee Quote Options**

The department may select either session length below:

- **Option A — 60-Minute Wellness Check**  
\$175 per officer for a 60-minute individual wellness check-in (Zoom)
- **Option B — 30-Minute Wellness Check**  
\$140 per officer for a 30-minute individual wellness check-in (Zoom)
- **Clinical Extension Caveat (Required):** While sessions are scheduled for 30 minutes, **the clinician must retain the option to extend beyond 30 minutes if clinically necessary** (e.g., to ensure safety planning, stabilization, or appropriate clinical closure).

- Any clinically necessary extension is provided **without additional charge** to the department (billed at the **\$140** rate for that officer's session).
- Extensions may affect scheduling flow, and we will manage this with appropriate buffer planning.

**Estimated Program Cost (Based on 129 Officers)**

(Provided for budgeting convenience; final totals billed based on actual completed sessions.)

**Option A (60 minutes):**  $129 \times \$175 = \$22,575$

**Option B (30 minutes):**  $129 \times \$140 = \$18,060$

- 3. PAYMENT.** Payment is due upon no later than 30 days after completion of Services. Payments can be made to the Provider Jacquelyn Augustine, in the form of check.

Service Provider:

Jacquelyn Augustine, PsyD & Associates

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