

# Program Justification

1/19/2026

<b>Program Supervisor:</b>	<b>Deborah Graham</b>		<b>Spring/ Summer 2010</b>
<b>Program Name:</b>	<b>Number of Seasons Offered</b>	<b>Number Enrolled</b>	<b>Justification to Continue Offering with Low Enrollment</b>
<b>Program Name:</b>	<b>Number of Seasons Offered</b>	<b>Number Enrolled</b>	<b>Brief Explanation for Discontinuing Program</b>
<b>Program Name:</b>	<b>Number of Seasons Offered</b>	<b>Number Enrolled</b>	<b>Brief Description of New Program</b>
Pilates Reformer Seniors	0		This class will be designed for Senior or people w/ injuries. Slower paced Pilates Reformer
Teen Pi/ Yo "Getting Centered"	0		Teens will have a chance to try Pilates/ and Yoga.
Yoga- Prenatal/ Postnatal	0		This class is designed for pre and post natal mothers to stretch and strengthen their bodies.
Yoga Pilates	0		Combination of yoga and pilates exercises to build strength and flexibility.
