

VILLAGE OF ORLAND PARK RECREATION AND PARKS DEPARTMENT
BROCHURE PROGRAM LIST

5/11/2016
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SUPERVISOR NAME:	Deborah Graham Geghen				SEASON:	Fall 2016				
PROGRAM NAME (Alpha Order)	NEW (X)	AGE GROUP	OVER NIGHT TRAVEL?	NO. OF SEASON'S OFFERED	LAST OFFERED & COMPLETED SEASON'S ENROLLMENT #		LAST SEASON'S REVENUE		EST. CONTRACTUAL COSTS (\$5,000 + for the SEASON)	
					RES	NR	RES	NR		
			Y/N	F/fall, W/winter, Sp/spring, Su/summer						
Personal Training - Youth		7 to 14	n	F, W, Sp, Su			Included below			
Personal Training - Pilates		All ages	n	F, W, Sp, Su	15	2	\$3,525	\$310		
Personal Training - Regular		12 and up	n	F,W, Sp, Su	22	7	\$12,382	\$1,667		
Pilates Jumpboard Class		14 and up	n	F, W, Sp, Su	26	1	\$2,235.00	\$80		
Pilates Reformer/ Cardio		14 and up	n	F, W, Sp, Su	14	3	\$1,180.00	\$320		
Pilates Equipment Combo		14 and up	n	F, W, Sp, Su	22	6	\$1,810.00	\$650		
Pilates Reformer		14 and up	n	F, W, Sp, Su	75	9	\$6,318.00	\$954		
Rolling with the Peanut - Kids		14 and up	n	F, W, Sp, Su	8	0	\$480.00	\$0		
Row to Tone		14 and up	n	F, W, SP, Su	44	7	\$2,615.00	\$600		
Santa's Pit Stop		All ages	n	F	125	FREE - Not a registered program				
Senior Fitness Bootcamp	x	55 and up	n	F						
Senior Clubs		Seniors	n	F, W, Sp, Su	44	2	\$600	60		
Senior Week		Seniors	n	F			Free			
Stretch & Strength for Seniors		55 and up	n	F, W, Sp, Su	5	0	\$360	0		
Ugi Ball		All ages	n	F, W, Sp, Su	25	1	\$740	\$50		
Weight Loss Bootcamp		16 and up	n	F, W, Sp, Su	28	3	\$3,475	\$525		
Weight Training Men over 50		50 and up	n	F, W, Sp, Su	20	3	\$1,320	\$294		
Weight Training Women over 50		50 and up	n	F, W, Sp, Su	49	3	\$1,585	\$294		
Yoga - Gentle		14 and up	n	F, W, Sp, Su	21	1	\$1,500	\$65		
Yoga - Fitness		Seniors	n	F, W, Sp	65	10	\$4,710	\$1,123		
Yoga - Candlelight/ Sunset		All ages	n	F, W,Sp	21	4	\$1,833	\$480		
Yoga and Fitness for Kids		Ages 5-12	n	F, W, Sp	4	0	\$188	\$0		