



Pilates Reformer currently at Sportsplex.



This is the Pilates Reformer plus Tower Combo. We are looking to purchase 4 of the towers to fit our current Pilates Reformers.



Split Pedal Chair. We are looking to purchase 4 of these for classes.



Pilates Chair - Exercise Pike up: Great for abdomen and arms.



Pilates Chair – Exercise Push up: Arm and chest strengthening, balance, and control.



Tower Exercise - Push thru and V-sit: Abdomen strengthening and shoulder flexibility.



Tower Exercise: Strengthens low back and abdomen.