Recreation & Parks 2025 Fall Program Lists – Summary of Changes

The Recreation and Parks Department produces a seasonal brochure on three occasions each year. The guide contains all recreational, athletic and fitness program opportunities offered during each season.

Below is a summary of changes proposed for the Fall 2025 brochure as compared to 2024 including discontinued and new programs.

DISCONTINUED PROGRAMS: Discontinued due to low/no enrollment

Heritage Sites

Orland Memorial Park Cemetery Tour Supernatural Archer Ave. Tour The Assassination of JFK Yuletide Victorian Tea

Fitness/Wellness (Sportsplex)

Sunset Yoga Restorative Yoga Aerial Yoga/Teen Yoga

Athletics

Lil Kickers Soccer Little Hitters T-Ball All Sports Preschool Games Tiny-tot Basketball

Dance

Modern Dance Mini Dance Company Company Technique Classes Jr. & Sr. Dance Company

Ice Rink

Ice Curling

NEW SUMMER PROGRAMS

Heritages Sites

Miracles & Malevolence

Serene Horizons: A Relaxing Landscape Painting Workshop

Speaker Spotlight: Singing Bird and the Importance of Native American Women in History

Watercolor Techniques

Fitness Wellness (Sportsplex)

e Revitalized Glutes +Abs x 30 Intervals & Core Kickboxing Mobility & Recovery
Pelvic Floor/Low Ab Toning & Recovery
Proprioceptive Neuromuscular Facilitation Stretch
Stroller Striders
Strength & Conditioning
Strong Beyond the Gym
Qigong Class
Vinyasa Yoga Flow
Yin Yoga
Women's World
Tai Chi
Weight Circuits

Athletics

Kids Pickleball League
Pickleball Ladder League
Adult Kickball League
Men's Adult Soccer League
Nerf Games
Multi-Sport Tots
Skyhawks Basketball

Special Recreation

Bengston's Pumpkin Farm
Oak Lawn Theater Night: Producers
Junior Social Clubs (2)

Recreation

Babysitting 101 Class Good Night, Sleep Tight Little Veterinary School Mini-Medics Mom & Tot Book Club Nature Explorers Pre-K Dog Veterinary DJ & Music Production

Theater

Auditions for Winter Theater Production

Ice Rink

Glow On Ice Rink in the New Year