

# Program Justification

11/28/2012

<b>Program Supervisor:</b>	<b>Deborah Geghen</b>		<b>Season: Spring/Summer 2013</b>
<b>Program Name:</b>	<b>Number of Seasons Offered</b>	<b>Number Enrolled</b>	<b>Justification to Continue Offering with Low Enrollment</b>
Chair Yoga	4	0	Offer two previous seasons, but received low enrollment. Want to give this one more try.
Fitness & More	4	2	This class has previously gone well, but cancelled last two seasons. One of the few classes offered for this age group. Would like to give it one more try.
Fit Kids Incorporated	4	0	This class has previously gone well, but was cancelled last season. One of the few classes offered for this age group. Would like to give it another try.
Tai Chi	4	0	This class was offered and went well in the past. Instructor took some time off and is now bringing the class back.
Zumbatonic	3	0	This class had enough interest one season, we want to try again with the popularity of Zumba.
<b>Program Name:</b>	<b>Number of Seasons Offered</b>	<b>Number Enrolled</b>	<b>Brief Explanation for Discontinuing Program</b>
<b>Program Name:</b>	<b>Number of Seasons Offered</b>	<b>Number Enrolled</b>	<b>Brief Description of New Program</b>
Fly Yoga	NA	NA	Yoga is done with the assistance of hanging fabric or sheet. This new technique brings a playful aspect to yoga with also bringing some new challenges to class participants. Great for all ages. The fall was the first time this class has been offered.
Osteoporosis Bone Strengthening	NA	NA	For those who have been diagnosed or looking to prevent osteoporosis or osteopenia. Exercises are introduced to help strengthen bones and muscles. This fall was the first time this class has been offered.
TeamMakers	NA	NA	This class is designed to help children train for their favorite sport or team.