

VILLAGE OF ORLAND PARK RECREATION AND PARKS DEPARTMENT
BROCHURE PROGRAM LIST

3/3/2011
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SUPERVISOR NAME:		Deborah Graham		SEASON:		Fall 2009			
<u>PROGRAM NAME</u> (Alpha Order)	<u>NEW(X)</u>	<u>AGE GROUP</u>	<u>OVER NIGHT TRAVEL?</u>	<u>NO. OF SEASON'S OFFERED</u>	<u>LAST OFFERED & COMPLETED SEASON'S ENROLLMENT #</u>		<u>LAST SEASON'S REVENUE</u>		<u>EST. CONTRACTUAL COSTS (\$5,000+ for the SEASON)</u>
			Y/N	F/fall, W/winter, Sp/spring, Su/summer	RES	NR	RES	NR	
Fitness and More		4 to 7		F,W, SP	6	1	\$480.00	\$120.00	
Fitness Assesments		14 and up		F, W, SP, S	80		Free with membership		
Fitness Orientations		14 and up		F, W, SP, S	80		Free with membership		
Group Exercise Classes		14 and up		F, W,SP, S	Varies for each		\$0.00	\$0.00	
Holiday Incentive Program for members		14 and up		F		Free with membership			
Kids Fitness Club		7 to 14		F, W, SP, S	15	0	\$1,447.00	\$0.00	
Mommy/ Tummy Class		all ages		F, W, SP,S	8	3	\$446.00	\$250.00	
Morning Workout Mix		18 and up		F, W, SP, S	9	1	\$300.00	\$90.00	
Parent's Night Out		12 and under		F, W, SP, S	12	0	\$114.00	\$0.00	
Personal Training		15 and up		F, W, SP, S	36	13	\$12,805.00	\$4,785.00	
Personal Training- Youth		7 to 14		F, W, SP, S	Included above				
Personal Training- Pilates		All ages		F, W, SP, S	36	1	\$12,805.00	\$320.00	
Pilates Mat		14 and up		F, W, SP, S	14	3	\$320.00	\$95.00	
Pilates Reformer - Beg- Adv		14 and up		F, W, SP, S	60	2	\$5,570.00	\$265.00	
Pilates Reformer- Seniors	x	Seniors		F, W, SP, S					
Senior Week		Seniors		F	110	35	\$0.00	\$0.00	
Senior Clubs		Seniors			22	0	\$380.00	\$0.00	
Tai Chi Chuan		18 and up		F, W, SP, S	4	0	\$360.00	\$0.00	
Kickin it Bootcamp		18 and up		F, W, Sp, S	7	0	\$620.00	\$0.00	
Yoga- Fitness		14 and up		F, W, SP, S	23	7	\$1,125.00	\$405.00	
Yoga- Gentle		Seniors		F, SP, S	8	0	\$600.00	\$0.00	
Yoga- Parent/ Child		all ages		F, W, SP	8	0	\$395.00	\$0.00	
Yoga- Advanced	x	18 and up		F, W, S					

<u>PROGRAM NAME</u>	<u>NEW (X)</u>	<u>AGE GROUP</u>	<u>NO. OF SEASON'S OFFERED</u>	<u>LAST SEASON'S ENROLLMENT NO.</u>		<u>LAST ENROLLI RES.</u>
				RES.	NON-RES.	

Example 1		Preschool	2 Spring/Summer	n/a	n/a	15
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Example 2		Youth	3 Fall / Winter / Spring	5	5	8
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Example 3	X	Adults	4	10	5	n/a
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<u>YEAR'S</u> <u>MENT NO.</u> NON-RES.	EST. CONTRACTUAL COSTS (OVER \$5,000 for the SEASON)
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6

5

n/a