

Program Justification

3/3/2011

Program Supervisor:	Deborah Graham		Spring/ Summer 2010
Program Name:	Number of Seasons Offered	Number Enrolled	Justification to Continue Offering with Low Enrollment
Program Name:	Number of Seasons Offered	Number Enrolled	Brief Explanation for Discontinuing Program
Program Name:	Number of Seasons Offered	Number Enrolled	Brief Description of New Program
Pilates Reformer Seniors	0		This class will be designed for Senior or people w/ injuries. Slower paced Pilates Reformer
Teen Pi/ Yo "Getting Centered"	0		Teens will have a chance to try Pilates/ and Yoga.
Yoga- Prenatal/ Postnatal	0		This class is designed for pre and post natal mothers to stretch and strengthen their bodies.
Yoga Pilates	0		Combination of yoga and pilates exercises to build strength and flexibility.

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